



****Players Code of Conduct****

I accept responsibility for my behavior on and off the field. As athletes, we have the responsibility and privilege to represent our family and community as we compete and practice. Understand that what I do and say affects my teammates, school, and other people either positively or negatively. We will not curse or use profanity, so that we will show self-control and be a good example to others. I lead courageously and live with integrity by speaking up against injustice and on behalf of others even when it is hard or unpopular. When our team rules are not upheld, teammates must challenge each other in a kind way and then make the coaches aware of the situation. When we have a conflict, we will attempt to work it with our teammate, then our coach, if the first 2 don't resolve the conflict, we then will bring it to the league administrators.

I will act with respect toward myself and the people and things around me including my parents, my coaches, my teammates, my teachers, my opponents, officials and the spectators. I will respect my body, obey school rules, and obey the Law by: not smoking nor using tobacco, not drinking alcohol, not using illegal drugs, nor misusing drugs. This includes possession, purchasing, or using the items listed above. Consequences of breaking this rule will result in immediate removal from the team and loss of any team honors. I do not put people in boxes according to their race, gender, religion, neighborhood, or abilities. I judge people by the content of their character.

I will be a positive example in our community since we, as athletes, are leaders among our peers. I act with empathy. I try to understand what is going on in the hearts and minds of others and what is causing those feelings so that I can be supportive and encouraging. I ask, "How can I help you?" I give 100% effort to practices, games, and events. I will do my best at all times. I understand that effort demonstrates my commitment to the team and my respect for my coaches and teammates.

I will notify our coach before we miss a practice or need to be late for a practice. I display good sportsmanship. I acknowledge and applaud the efforts of others. I encourage my teammates with positive statements. I refrain from boasting to my teammates and 'trash-talking' to members of other teams. I accept defeat graciously by congratulating my opponents on a game well played. I will abide by this Code of Conduct and the policies and rules of the league, team, and coaches.

Athlete Signature _____

Parent Signature _____